

1decision PSHE Knowledge Organiser

Module: First Aid

Topic: Baseline Assessment and First Aid - Year 4



Years
4-6

Key Facts

- It is important to know how to make a clear and efficient call to emergency services, if necessary.
- Understanding the basic concepts of first aid and how to deal with common injuries can be.

By the end of these topics, I should:

- identify and name situations that may require first aid
- list reasons why someone may struggle to breathe
- identify the signs of an asthma attack or choking
- identify the signs of an allergic reaction and anaphylactic shock
- understand the correct steps for seeking immediate emergency help
- provide first aid treatment to someone who is struggling to breathe

Ask me a question!

- What could trigger an asthma attack?
- How could you help someone who is choking?
- What is an epi-pen?

I will learn the following new words/phrases:

Treatment	Medical care given to a patient for an illness or injury.
Emergency	A serious, unexpected, and often dangerous situation requiring immediate action.
Severe	Very bad, serious, or unpleasant.
Clinical Advisor	A person responsible for the assessment of health and clinical needs.
Life-threatening	Capable of causing death.
Conscious	Awake, aware of what is happening around you, and able to think.
Asthma	A common lung condition that causes occasional breathing difficulties.
Anaphylaxis	A severe and potentially life-threatening reaction to a trigger such as an allergy.
Allergic	Having an allergy to a substance.
Prescribed	To officially advise someone to use a medicine or treatment.
Obstruction	Something that gets in the way, sticks out, or blocks passage.



Key Facts

- It is important to know how to make a clear and efficient call to emergency services, if necessary.
- Understanding the basic concepts of first aid and how to deal with common injuries can be.

By the end of these topics, I should:

- complete a primary survey for first aid
- demonstrate the recovery position for an unresponsive breathing casualty
- know when to deliver CPR
- demonstrate how to do CPR
- know when to call for emergency help

Ask me a question!

- What does DRs ABC stand for?
- Can you explain the different steps of the recovery position?
- What is CPR?

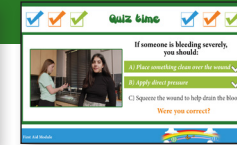
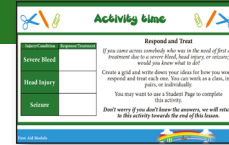
I will learn the following new words/phrases:

Unresponsive	Not reacting or responding to communication.
Underlying	Significant as a cause or basis of something but not necessarily obvious.
Casualty	A person badly affected by an event or situation.
Compressions	To press or squeeze (something).
Unconscious	Not awake and aware of and responding to one's environment.

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Module: First Aid

Topic: First Aid - Year 6 (Part 1)



Years
4-6

Key Facts

- It is important to know how to make a clear and efficient call to emergency services, if necessary.
- Understanding the basic concepts of first aid and how to deal with common injuries can be.

By the end of these topics, I should:

- identify a range of situations that may require first aid
- understand how to support someone with a minor or serious head injury
- understand how to support someone who is having a seizure
- understand how to support someone with a severe bleed
- know when to call for medical help

I will learn the following new words/phrases:

Minor	Lesser in importance, seriousness, or significance.
Seizure	A sudden, uncontrolled electrical disturbance in the brain.
Nauseous	To feel sick in your stomach, as if you might vomit.
Incident	An event or occurrence.

Ask me a question!

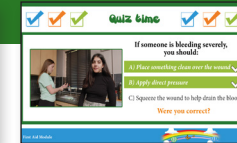
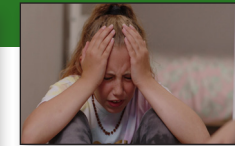
- How could you spot a head injury?
- What could you do if someone was bleeding severely?
- If somebody is having a seizure, when should you call 999?



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Module: First Aid

Topic: First Aid - Year 6 (Part 2) and Summative Assessment



Years
4-6

Key Facts

- It is important to know how to make a clear and efficient call to emergency services, if necessary.
- Understanding the basic concepts of first aid and how to deal with common injuries can be.

By the end of these topics, I should:

- identify a range of situations that may require first aid
- understand how to support someone with a minor burn or scald
- understand how to support someone who is having a heart attack
- understand how to support someone with a fractured bone
- know when to call for medical help

I will learn the following new words/phrases:

Minor	Lesser in importance, seriousness, or significance.
Seizure	A sudden, uncontrolled electrical disturbance in the brain.
Nauseous	To feel sick in your stomach, as if you might vomit.
Incident	An event or occurrence.

Ask me a question!

- What should you do if you believe someone is having a heart attack?
- How could you treat a minor burn or scald?
- How could you spot a broken/fractured bone?

