

Light Support

Vennture can provide light support, a friendly point of contact, for face to face, telephone or online support and advice in those first few months in the county.

- Getting to know Herefordshire
- Getting to grips with accessing support and services in a rural location - supporting you with appointments or introductions to local community groups.
- Friendly chats over coffee and supporting you through highs and lows of military life.
- Help with schools and nurseries.
- Employment advice and volunteering opportunities

If you would like to speak to one of our dedicated Link Workers, they will be happy to meet up for a coffee and a chat and take it from there. You don't have to do this on your own, we are here to come alongside you and help.



Herefordshire Vennture

The Armed Forces Covenant Fund Trust have awarded Vennture funding to help you in the first 12 months of moving to the Garrison in Hereford.



Vennture • 26 Vicarage Road • Hereford • HR1 2QN

Call: 0330 20 20 730
Email: help@vennture.org.uk
www.vennture.org.uk

Registered Charity No: 1156851

On The Move - First Year Support



 **THE ARMED FORCES
COVENANT FUND TRUST**
Funded by HM Government



First year support for spouses/ partners and families of service personnel in Hereford Garrison

Vennture is a local independent charity. Since 2015 Vennture has supported over 600 families including serving families. We learned that many feel isolated when coming to Hereford and would have appreciated someone to reach out to.

Service families often face times of additional difficulties, and we can support you to get back on track. We'll take time to listen and help you to work out what changes you need to make so that life improves in the ways that you want.



"It was helpful to have a non-judgemental chat - an independent outside conversation."

"It has helped me to think more positively. I had started to go downhill and couldn't see the light at the end of the tunnel."

"You have advocated for the family with other professionals. You have helped me take a step back, giving us confidence, comfort, support and motivation to positively parent a child with special needs."

Family Mentoring

A dedicated link worker who understands service life can come alongside your family. They will be in touch weekly, face-to-face and over the phone and can provide support in a range of areas to you.

- Support with a child with SEND.
- Becoming a parent.
- Children struggling with school.
- Children struggling with their mental health.
- Parenting alone whilst a partner is deployed.
- Loneliness in a new rural location with limited support network.
- As well as support for you.

Reach out to us.

Call us on: **0330 20 20 730**

Email us: **help@vennture.org.uk**